

# 19th IWFFA Ptown Classic Women's Flag Football Tournament

Sept 19 – 22, 2025

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International Women's  
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## LETTER FROM THE PRESIDENT

**Welcome everyone to the 19th IWFFA-Ptown Classic Women's Flag Football Tournament and welcome to Provincetown!**

This year's tournament is our largest Ptown Classic with 8 teams competing and full team rosters. You will notice we added two new events on Friday: 'Over the Hill Kickball' and 'Women Speaker Series'. The women speaker series features two guest speakers: Najia and Sakia who are two of our Afghan flag football players we got asylum out of Afghanistan through the work of: Aldea ,Mexico Greenberg - Traurig, IWFFA and your donations. We get to hear first hand what it was like to be in Afghanistan before - during - and after the Taliban took over their country. We are so happy we could help our Afghan flag football women and their families. But know that our work continues to get women out of Afghanistan.

Some of you are here for the first time, and we are excited to show you not only a great flag football tournament experience, but a fun and great time in Ptown. We moved the event later in September to get lower rates for accommodations, and we thank the hotels who offered the teams discounts.

Everyone should have picked up your bicycles at the Bike Shack, which are free to all our teams! it is best to ride. your bikes around town, instead of having to find or pay for parking. As a matter of fact, this year we use a new field because Motta Field (our regular field) is under construction. This year we play on Jerome Smith Field where there is minimal parking.

Year 2025 has been phenomenal for the IWFFA with great success. You can feel proud to be a member and know that it is your membership dues which supports our flag football promotions around the world

This year we created the first girls flag football league in Nicaragua and in a very poor community. These girls have no running water in their homes, no cell phones, nor computers and so the IWFFA is raising money to travel a team of girls ages 8 - 12 yrs, to Key West to give them an experience of a life time. At the tournament here, please consider buying a raffle, boxes, or contributing to our fundraiser. This year we built up our tournaments in: Ohio, Mexico, Canada, El Salvador and this Ptown tournament, which brings over 300 new IWFFA members to our organization! We have built up the number of female Officials to

over two dozen as FOFFA (female officials flag football association) focuses on training and quality officiating. If you would like to learn how to officiate, we provide training for free. Players are allowed to play & officiate in the same tournament and they get paid!.

We have in this tournament one of our best officiating crews: Renee, Jane and Mark. There are 15 games in the tournament which means our officiating crew will have to work extra hard. I ask our defensive teams to get the ball quickly to our referees and for teams to be ready for play 10 minutes before game time for your player check on the side lines. We cannot afford to have any game start late.

**Big News** You should have read in your IWFFA monthly flag football news, that we will have try outs to represent USA in our Latin America Championship, held in Nicaragua April 12 - 13, 2026. This event brings all our teams from Latin America and for the first time our team of women from Cuba! This will be their first international flag football competition. We have try outs for the USA team taking place in Bklyn, NY on October 5 (see flier in this program), and also in Key West, the Monday after the 34th Kelly McGillis Classic on January 26, 2026. You are welcome to try out for the USA team. And very exciting, in Sweden, July 28 - August 3, 2026 will be our: IWFFA Women's Flag Football World Cup! Here regions are represented and countries in those regions come together to form their teams. One week of training, competition which will be televised by national Swedish TV. Athletes will be decided by IWFFA awards they received during IWFFA tournament competitions.

Finally, I want to thank sincerely the Provincetown Tourism Fund for their support in helping us to promote the IWFFA Ptown Classic. We could not take in any more than 8 teams this year, because Motta field is under construction, but future years, we will use two fields to host more teams. This event has become more exciting than ever!

Thank you to all the local businesses you see in this tournament program. Please support these businesses as they have supported us. And many many thanks to the local women & men who live in Ptown and have truly helped us in many ways. It's time to have fun, play your best flag football and let the games begin.

Sincerely, Diane Beruldsen  
IWFFA President and Founder

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**IWFFA**

International Women's  
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**Ad Directory**

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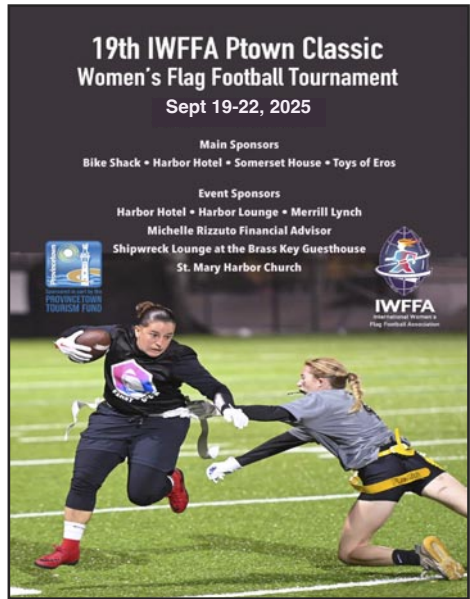
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PTOWN TOURNAMENT PROGRAM  
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*Touch Down Celebration Contest - During this tournament  
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# Field/ Team Responsibilities at the Field

**Tournament Director: Diane Beruldsen** (305) 896 - 8678 - [IWFFA@IWFFA.COM](mailto:IWFFA@IWFFA.COM)

Field - (NEW) Jerome Smith Field - Jerome & Alden St

**Parking** - Parking is only allowed in numbered spaces in the Jerome Smith Lot, or Along Winslow St. There is an app with a QR code at every space that people can scan and pay as they go

**Officials:** One of the best IWFFA crew of officials: Renee Walker, Jane Eldredge and Mark Walker.

**Games** are slotted every 1.15 hr. / Half time games immediately after (quickly come to field to compete)

**Game schedule is posted on IWFFA website:** <https://iwffa.com/ptown-classic-2025/>

**Teams are guaranteed 3 games** in this tournament. 3 games 1st round, then each bracket is seeded with top 2 teams advancing. Bottom 2 teams in each bracket is knocked out of play off competition. We have 8 teams in the tournament.

**Information Table** - At the field, check arriving & leaving the field for updated information. Captains p/u your score cards & return soon after each game. Lost & found, programs, merchandise, equipment, 50/50, Champ game boxes,

**Pre-Game Player Check** - Teams must line up on side line - for player check 10 Minutes before game time: roster & equipment check, make sure shirt #'s are correct. Pockets NOT allowed on your shorts or pants.

**Player Eligibility** - The tournament will keep rosters handy at the field in case there is a dispute for an illegal player. Any concerns about an opposing team using an ineligible player may be brought up with tournament director and roster will be checked immediately. Teams using ineligible player will forfeit that game.

**No Switching Shirt Numbers** - Make sure you wear the shirt number given on your team roster.

**Chain Gang** - Teams are responsible for holding chains when scheduled (see penalty to teams who do not hold chains when scheduled in IWFFA rules) Three persons required: 1 for Marker, 2 for chains.

**Score Cards** - Team captain picks up & returns filled out to info table as soon as game is over. Score cards decide MVP's for both teams, which should be a team decision. We ask when you rate each referee's performance during the game: Mark is the man, Renee is the smaller female official and Jane is the other. You can also make comments about the tournament.

**Score Board** - At field. Check if your game score has been recorded properly on score board asap game over

**Team Photos** - 15 minutes before your first game your team photo will be taken. Please make sure it is done.

**Game Ball** Tournament provides official IWFFA Wilson GST all leather premium football. It cannot be switched w. other ball.

**Flag Belts** Each team is required to provide their own Flag - A-Tag WFVS Sonic Belts (no other type allowed).

**Pennies** 3 ineligible linemen must be designated, can wear Mesh pennies or different shirt color from team.

**Purchase Equipment** - Notify IWFFA before the tournament. Dozen Flag A Tag Belts \$60 / Wilson All Leather. Premium Jr. Size Standard Ball with IWFFA logo - \$75 per. Contact office 1 week before tournament. [IWFFA@IWFFA.COM](mailto:IWFFA@IWFFA.COM)

**Goal Posts** - We will rig goal posts - 2 x 4's to soccer goals - field goals, extra point kicks are options

**Down Markers** - Thanks very much the Dolphins for loaning their chains /down markers & cones

**All Star Nominations** - Each team captain will receive an All Star Sheet at Registration. If you have a nomination, write on all star sheet. Include player name (or shirt #), Team name, and Position. Please notice ALL positions.

## Field/ Team Responsibilities at the Field cont'd

When tournament is over, each team captain (1) and coach (1) will meet to discuss and agree on tournament all stars.

**Special privilege for the Loose Women's Team** - Read in IWFFA rules - Should Loose Women's team need to borrow players from other teams to make a full 8 player team – (up to 10 player roster allowed). Game scores count.

**Half Time Games** – Sponsored & Prizes by: Toys of Eros. Fun competition for: longest kick, furthest throw, most sit-ups, etc. Anyone can join - players and fans. Winners have your photo taken and posted on our website.

**What's at the field?** - There is no food or water at the field, please bring your own! There are plenty of take out places in Ptown. Grab N Go, Stop & Shop, Essentials, House of Pizza and plenty of restaurants (see this program)

**10 x 10 Tent & Chair** - You will be more comfortable at the field. If you have an extra bring for your team mates.

**Bathroom at Field** - There is a porto-potty at the field – please sit down when going. Tell us if we need more TP

**1st Aid** -A simple 1st aid kit will be kept at the information table. We suggest you bring your own kit and trainer.

**Liquor on the field** - We strictly enforce the law and prohibit consumption of any alcoholic beverages on the public field. Violators will be given a summons and asked to leave the premises if caught drinking alcohol at field.

**Keeping it Clean on the fields** - We greatly appreciate your help. Please throw garbage in cans and recycle.

**Do You Know How to Officiate?** Players are allowed to officiate when they are not playing and they get paid!

**We welcome all comments** – Feel free to talk to our Tournament Director at any time. We ask that any criticism reported be accompanied with written suggestions to better any concerns. Email us your comments : [iwffa@iwffa.com](mailto:iwffa@iwffa.com), following the tournament, which are most helpful. Good comments are also appreciated.

**IWFFA Tournaments** - We hope you'll join other IWFFA tournaments around the world (see list in this program)

**Try Outs Oct. 5** - Bklyn, N.Y. IWFFA All Star Team to represent U.S.A. in Latin America Chamionships held spring 2026, Nicaragua



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CONTACT [IWFFA@IWFFA.COM](mailto:IWFFA@IWFFA.COM) (SUBJECT TRY OUTS)  
OR PHONE WHAT'S APP: +1 305-896-8678

**TEAMS TO COMPETE:**

Address: **Fort Hamilton H.S. Field**  
8301 Shore Rd. Bklyn, N.Y. 11209  
SIGN UP TODAY

[IWFFA@IWFFA.COM](mailto:IWFFA@IWFFA.COM) +1(305) 896 - 8678





**Michele Rizzuto**  
Financial Advisor | Senior  
Portfolio Advisor

Michele Rizzuto is a dedicated financial planner with a passion for empowering women through financial literacy and independence.

She has built a successful career focused on helping clients navigate their financial journeys with confidence and clarity.

Believing that collaboration and support among women are essential, Michele actively champions initiatives that foster community and connection.

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# TOURNAMENT itinerary

## 19<sup>th</sup> IWFFA Ptown Classic Itinerary - Sept 19-22, 2025

During Your Stay in Provincetown All Teams receive Free Bicycle Rental from:  
The Bike Shack - 63 Shankpainter Rd - 978 - 660 - 7183

### Sept 19 - Friday - Full Day of Events

#### Event #1

**11AM-12 noon - Over The Hill Kick Ball!** - for Senior and Younger Women  
Dress comfortable. Bring water. How To Play - Instructions will be given at the field. This is our first year hosting the event. We encourage local women as well as our out of town teams to join in the fun competition. Similar to baseball, but no bats. The ball will be pitched from the pitchers mound, Kicker (senior) kicks ball and runner (younger) runs (did I have to tell you this)  
Free Event. Register here:  
IWFFA@IWFFA.COM

Address: Jerome Smith Field on Jerome and Adler Streets – Parking is Very Limited

#### Event #2

**2:30PM - 4PM - Women Speaker Series @ St. Mary of Harbor Church - Free Event.**

Women around the world are treated very differently. Here in the USA we still do not have an equal rights amendment in our constitution. And then there are those women who have had horrific treatment just because they are female. The IWFFA would like to take advantage from the experiences of our flag football players with the public to understand these atrocities, and if we can, we want to make a difference. This year we are excited and proud to announce the participation in our flag football games from two women, whom the IWFFA helped get asylum for and out of Afghanistan: Our Guest speakers are: Najia and Shakila Fayez who tell us: BEFORE – DURING – AFTER THE TALIBAN. As soon as the Taliban entered their cities, these women's lives and their families lives changed forever. Additional speakers: Suzana Abdelbago Akol Agang comes from South Sudan and shares a riveting story of her life in Sudan and Paula Rojas who comes from

Guatemala shares what is the life like for women in Guatemala.

This is a Free Event and the Public are encouraged to attend - If you would like to share your story- contact our office.IWFFA@IWFFA.COM

Address: St. Mary's of Harbor Church – 517 Commercial Street (there will be parking)

#### Event #3

**6PM - 7PM - 2nd annual Michelle Rizzuto Parade**

This is our tournament parade and we march down Commercial Street. Wear costumes - uniform shirts - bring banners - flags - ride bikes - walk - let's have fun - it's our parade! We invite all the Drag Queens in Ptown, cause Drag Queens make the best parades.

Address: Line up @ Pearl St. & Commercial ends at Franklin & Commercial.

#### Event #4

**7 :30PM - 10PM - Official Tournament Registration @ Harbor Lounge**

All Players, coaches need to attend. Bring photo I.D. Players sign their Team's Roster. Captains meet and go over the tournament format, questions about the rules. Full Bar, great view, Harbor Lounge is our favorite bar. There will be auction items – starting at half price for restaurants, tourist attractions and gift certificates to the many other businesses in ptown. Pick up your tournament programs, Loose Women will receive their Loose Women's Uniform Shirt. 50 / 50 tickets will be sold, and buy your Boxes for the championship game to raise money for our girls Nicaragua team.

Address: Harbor Lounge - 359 Commercial

**Sept 20, 2025 - Saturday - Games Begin & Saturday Night Party**

#### Event #5

**Games Begin! 8:30AM** – 1st game is

# TOURNAMENT itinerary

scheduled for 8:30 am and games are slotted every 1.15 hr. 8 teams in this year's tournament.

This year we play at a different location due to construction at our regular field. 8 vs 8 flag football - Download rules here <https://iwffa.com/iwffa-rules/>

Grass Field - No Admission. There is no admission FEE for our fans & spectators. We will have goal posts and there is a porta potty at the field.

We will decide the schedule as we get closer to the tournament. Half Time Games will be played after each game if time permits, or just before the Championship.

These 1/2 games are sponsored by Toys of Eros - Furthest Throw, Wheel Barrel, longest snap, etc. (Adult prizes to winners). Team captains make sure to pick up your score cards and turn them in. There will be hats, footballs, coffee cups & shirts for sale at the information table where you can also purchase 50/50 tickets & Boxes for the championship game. Bring food and drink. Porta potty available at the field. No water fountain. There is limited parking at the field, but you can park a block away - paid parking. If you can ride your bike, please do, or car pool.

Address: Jerome Smith Field on Rt 6, Jerome & Alden Streets

## Event #6

**Saturday Night Women's Party - 7PM - @ Shipwreck Lounge at Brass Key Guesthouse (open to the public and all invited)**

Party Tonight! There is a Full bar with lounge and an outdoor patio with fireplace. Comfortable setting for our teams to relax, drink, chill. Arm wrestling contest - winner gets \$25, champ plaque, & 2025 arm wrestling belt. 50/50 sold to raise money for our Nicaragua Girls.

Address: Shipwreck Lounge at Brass Key Guesthouse 67 Bradford Street

**Sept 21, 2025 - Sunday - Play offs - Championship Game & Awards Ceremony**

## Event #7

**Games Continue 8:30AM** – 1st game We Finish round robin, start play-offs and Championship Game. Toys of Eros Half Time Games before the championship - Furthest Throw, Wheel Barrel, longest snap, etc. (Adult prizes to winners). Read Saturday description @ the field please. Awards – Immediately following the championship game. Please do not shower, we want to begin awards ASAP.

Address: Jerome Smith Field on Rt 6, Jerome & Alden Streets

## Event #8

**Sunday Awards Ceremony - Immediately following the Championship Game** (please do not go to your hotels to shower) @ Harbor Hotel - Food - Full Bar - Swimming Pool. Each team receives MVP Offense - MVP Defense, Select All Star Team for Offense & Defense will be chosen by each team's captain and coach, Championship team receives embroidered IWFFA hats, Championship Plaque and top 3 teams receives plaques.

Address: Harbor Hotel - 698 Commercial St. - 508-487-1711 Sept 22, 2025 - Monday

## Event #9

**10AM - All Day Bike Ride Tour thru the Dunes and around Ptown - Whale Watching (optional).**

Meet at the Bike Shack - 63 Shank Rd – we will give a bike tour up and down Ptown streets (we'll show you some places you had no idea existed), then head out to the Dunes. We travel to the Province Lands Trail, Cape Cod National Sea Shore, Race Point Beach and Herring Cove Beach. Bring a bag lunch and towel. Plan to spend the day on bike, but players can leave when ever they want to.

**Bike Shack – 63 Shank Rd - 978 - 660 – 7183**

**To Participate – For More Information - To Contact the Organizers:**

Coach Diane (305) 896 – 8678 / Email: IWFFA@IWFFA.COM

We hope you had a great time at the 19th IWFFA PTown Classic. There are many more IWFFA tournaments you are invited to. Invite your leagues and if you would like to take a larger role in the IWFFA, contact our office. Thank you for joining us, hope to see you next year for the 20th, September 18 - 21, 2026. Safe home!



## WHO'S WHO

**International Women Flag Football Association (IWFFA)** Originally the National Women flag football association & first for women (1995), became the first international flag football association (1997). A leader in the sport traveling to countries around the world introducing the sport and creating new leagues. The IWFFA became a humanitarian organization in 2022 when successfully gaining asylum for 73 Afghan flag football women and their families to Mexico, with the joint effort of: Aldea and Greenberg - Traurig. We are run & organized by women, a non-profit organization using flag football to build leaders to make a better world.

IWFFA@IWFFA.COM. WEB: IWFFA.COM  
VENMO: <https://account.venmo.com/u/IWFFAinc>

**Tournament Director: Diane Beruldsen** - President & Founder of the IWFFA. First generation flag football player from the 70's, till today she plays, coaches, officiates and has traveled over 1.5 million miles as trainer for the organization.

**Assistant Tournament Director: Paula Rojas** - I am the ambassador of Guatemala for the IWFFA, president of the AIFF8 GT league, and captain of Titanes. I started playing flag football 8 in 2018, and since then it has transformed my life, allowing me to grow from a player to a founder and team leader. Through this sport, I have made friendships in different countries, and my dream is to continue helping more women empower themselves, just as others once did for me.

**Assistant tournament Director: Gabriela González** - I have always been passionate about sports and creativity, which led me to study graphic design and later discover flag

football, the sport that became my favorite. I started playing in 2016 as a guard, later moving to receiver, and sometimes playing as a running back and quarterback. In 2022, I co-founded Titanes with Paula Rojas, and thanks to the IWFFA I have competed internationally in places like Key West, Mexico, El Salvador, and Honduras, creating unforgettable experiences and friendships with talented athletes.

### Information Table: **María Fernanda**

**Eguigure** I'm Fernanda, an IWFFA board member and active flag football player in Winnipeg, Canada. This sport has given me unforgettable experiences and friendships.


**Afghanistan Coach - Najeebullah Faye** worked with the U.S. military in Afghanistan and later served in the Afghan government's High Council for National Reconciliation, contributing to peace and development efforts. Before resettling in the United States, he founded the Afghanistan Women's Flag Football Federation to support women's sports and empowerment. Today, he continues to advocate for greater opportunities for Afghan women and youth.

**Afghan Speaker @ Women Speaker Series: Najia Faye** is a second-year student at Cabrillo College, planning to transfer to UCSC next year and pursue a law degree. Born and raised in Afghanistan, Najia is passionate about justice and hopes to use her legal education to support immigrant communities and advocate for women's rights. She is an active member of the Youth Advisory Task Force (YATF) in Santa Cruz, where she contributes to youth leadership and community initiatives.

**Afghan Speaker @ Women Speaker Series: Shakila Faye**, a proud daughter of Afghanistan, first discovered her passion for flag football in her homeland. Now resettled in California, she continues her studies while working part time and staying active in sports. This fall, she will represent her heritage at the IWFFA tournament in Provincetown, carrying forward the strength and spirit of Afghan women athletes. Her journey has been supported by her brother, Najeebullah Faye, whose advocacy continues to open doors for Afghan girls in sports and education.

## WHO'S WHO continued

**Suzana Akol Agang Abdelbage** - Originally from Sudan, then Israel, to now Canada. Her life experiences were tremendous which she shares with us at the women speaker series.

**Ptown Locals:** This tournament would not be possible without the local women (& men) & businesses who have helped to make the event possible. Courtney Paulsen-Martin - Liz Athineos - Cass Benson - Janet Daugherty - Melissa Jerace - Michelle Jaffe - Barbara Grasso - Maxine Kroll - Corrine Diana - Laura Lenza - Fran Smith - Andrea Parker - Laura Borge and Ann MacDougall, these are just a few who have helped the event. There will be many more who we find during the event, who will contribute in some way. To all those persons with good heart and beautiful energy - thank you 

### 8 Teams Competing in the 19th IWFFA - Ptown Classic Women's Flag Football Tournament

**518 All Stars** - This is our 3rd year competing in this particular tournament. We look forward to a lot of fun & great games.

**Beards & Brew Loose Women** - The Loose Women's team is a special team of individual women who join the night before the tournament meeting for the first time. They pick up their uniform shirts & their first practice is in the tournament. If the team falls below 8 players, they are allowed to borrow players from other teams. This year the team is sponsored by: Beards & Brew, owned by Eric Castellanos a bar & barber shop in Key West. Eric has sponsored 3 loose women's teams this year & has supported women's flag football the last 3 years. The players themselves come from: Afghanistan, Guatemala, Sudan, Ptown & who knows who else will join, as the Loose Women's team is the only team who's roster remains open throughout the tournament & any woman can join.


**Blue Wave Blue & Blue Wave White** - Blue Wave Flag Football has competed in more IWFFA tournaments than any other

team, taking the field every year since 2002. Founded by Coach Eduardo Gonzalez at Florida Tech in Melbourne, Florida, the team has grown from an intramural squad into the leagues most attended program, with players from across the country. Blue Waves legacy of excellence includes two coaches & one player receiving the prestigious Porter Wilson Award, three players named IWFFA Sports-woman of the Year, & one player crowned Miss IWFFA. The team continues to welcome women of all ages & skill levels to learn, compete, & grow in the sport.

**First Order** - First Order Women's Flag Football is all about creating a vibrant, inclusive community where positivity, fun, & friendly competition thrive. We promote a supportive atmosphere that encourages players of all skill levels to grow, connect, & enjoy the game.

**New Engl& Dolphins** - This squad is a powerhouse of women ranging from their early 20s to fabulous 50s, hailing everywhere from the quiet farming towns of central Massachusetts to the bright lights of Providence. What began as a few "summer league frenemies" discovering they actually liked each other in 2022 snowballed into a full-blown travel team love affair. Since then, the Dolphins have made a name for themselves with their signature blend of grit, laughter, & a suspiciously high team-wide espresso martini tolerance. Whether they're racking up touchdowns, hitting the road, or cooking up their next slightly questionable adventure, one thing's for sure: this pod is all in—for the game, for the laughs, & most importantly, for each other.

**RI Hurricanes** - "The Rhode Isl& Hurricanes are a team put together each year specifically for the Ptown tournament. It is primarily formed from the Rhode Isl& Women's Flag Football Association (RIWFFA) with some help from friends outside our league as well. It's a fun time to merge people from different teams in the league to be able to play together." \* Has had a team in EVERY IWFFA Ptown Tournament

**The Dimes** - The Dimes are a Boston based Flag Football team that prides itself on inclusivity, competition & the best vibes in the game!! 

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# 2026 IWFFA TOURNAMENTS



**IWFFA**  
International Women's  
Flag Football Association

**Guatemala** November 15 - 16, 2025 (2 days)

**34th Key West Kelly McGillis Classic** January 22 - 26, 2026 (games only)  
Full Week Jan. 20 - 26, 2026

**Central America Promo Tour Gua-Hon-El-Mex** February 10 - April 7, 2026

**Latin America Championship Nicaragua** April 12 - 13, 2026

**Ada, Ohio** May 9, 2026 (one day)

**Mexico, Mexico City** May 16 - 17, 2026 (2 days)

**CUBA, Havana** JUNE 7, 2026

**Canada, Toronto** June 27, 2026 (one day)

**El Salvador** July 12 - 13 (2 days)

**Boston, MA** July 25 - 26 (2 days)

**Women's Flag Football World Cup - Sweden** July 28 - August 3, 2026

**Ptown Classic** September 18 - 21 (2 days)

**Guatemala** November 14 - 15 (2 days)



67 Bradford St  
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welcome@brasskey.com  
www.brasskey.com/dining/shipwreck-lounge

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Shipwreck Lounge at Brass Key Guesthouse

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