





Juices
Smoothies
Protein Shakes
Acai Bowls
Build Your Own Salad



Grab 'n Go 212 Commercial Street Across from the US Post Office



#### LETTER FROM THE PRESIDENT

Welcome everyone to the 16<sup>th</sup> IWFFA Ptown Classic Women's Flag Football Tournament!

Ptown is such a great town, great restaurants,

lot's to do and easy to get to and this weekend you'll play some great flag football. I hope you picked up your bike at Bike Shack who is providing free bikes to all the teams.

Provincetown has supported the Ptown Classic for all these years. From it's tourism office to local businesses, they have made it possible for us to afford the event. The team registration fees do not cover the tournament expenses. It is the local businesses who make the event possible with their financial support, donation or in kind service for our tournament. We ask each of you to do the same and support those businesses you see in this tournament program and to let those businesses know you are part of our flag football event!

Our best officials are here: Jane Eldredge, Renee Walker and head official Mark Walker. I myself am the tournament director, and this year we introduce a new assistant tournament director: Lelis Espinoza who travels from Honduras. If your wondering what happened to MJ, she just moved to Canada, and we will see her next year with her own Canadian team. The tournament starts off with registration Friday night at Way Down Town, a new venue. This year every player and coach will receive a souvenir tournament shirt. Games are played on Saturday and Sunday, our party Saturday night at the Underground (everyone's favorite) and our awards celebration takes place at: The Club, which is owned by Lea Delaria who is actress (Orange is the New Black), Jazz Singer and Comedian. Monday is our Dune Bike ride and tournament dinner at Fanizzi's (great Italian food) and you should have a wonderful time at all our social events and the games.

This year the IWFFA has been very busy promoting and uniting female flag football around the world. We held our first women's flag football festival in El Salvador during Easter holiday April 10 - 17. It was a week of tenting, cooking,

women's workshops and flag football every day. Heaven! Mexico hosted our 1st annual women's flag football tournament and our Mexican flag football players will support and mentor 24 of our Afghanistan female flag football players when they relocate very soon to Mexico. Evacuating our Afghan flag football players and their families has been a year long effort for the IWFFA, and made possible by: Bridget Cambria (ex RI Hurricane Player) and her firm & Aldea working pro bono to make it happen. We will travel 70 Afghans, and need still 30 airline tickets. If you can help, please do, we are a 501c3, donations are deductible. Donate here: https://gofund.me/607f586d

We also traveled to Morocco where we held the first women's flag football tournament and started the IWFFA-MOROCCO WOMEN'S FLAG FOOTBALL LEAGUE! Women are in charge of course, and next year we continue to expand in other African countries. In Europe we entered Spain and established an annual IWFFA tournament (do you have a passport?) and the beginning of the IWFFA-Spain women's flag football league. In Sweden we found our site where we will hold all the professional women's flag football teams in the year 2025 (players who win IWFFA awards will be invited to play Pro), and we will host a second women's flag football festival in Sweden 2023. So our 2022 IWFFA promotional tour was phenomenal and it's success is due to the unity of the women in those countries. We are powerful when we are united. Contact our office if your interested to take a larger role in the IWFFA.

Thank you to all the volunteers, and persons who have helped to organize your teams and to all the players for bringing your best flag football talents onto the Motta Field.

Play Your Best Flag Football - Make New Friends - Let the Games Begin

Sincerely, Diane Beruldsen President / Founder IWFFA

# Toys of Eros

## HALF TIME GAME SPONSOR

You don't have to be an athlete to win!

Furthest Throw Longest Kick Most Push Ups Prizes to Winners Anyone Can Play (fans welcome)

We support the IWFFA - Ptown Classic and Female Flag Football Players All Around the World

200 commercial st \* provincetown \* toysoferos.com



#### **Ad Directory**

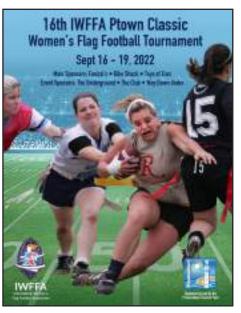
Bike Shack	8
Blu Day	9
Essentials	9
Fanizzis1	6
Grab n go	2
Lobster Pot	8
Penney Patch	6
Provincetown House of Pizza	9
Stop & Shop	9
The Club1	5
The Underground1	5
Toys of Eros	4
Yesterdays Treasure	6

#### Players Corner

2023 Tournaments13
Cross Word Puzzle (win \$25)14
Field Team Responsibilities
Kelly McGillis Classic
Letter from President
Tournament Itinerary10,11,12
We've got tournaments for you

PTOWN TOURNAMENT PROGRAM Production and Graphic Design: Rori Baldari

# WELCOME





#### Thank you players and coaches and our great crew of officials: Mark, Jane and Renee.

We hope you truly enjoyed yourself. This weekend was put together by a group of hard working, dedicated team. Special thanks to tournament assistant: Lelis Espinoza, Michelle Crone, Brandon Motta, also Ann Gregoire, Robert, Teresa Doyle, Marlis Fath and all the beautiful spirits of our flag football players and teams who make this tournament such a great event.

Once again, we thank those businesses who supported us. Just take a look at our Ad Directory for these are businesses who financially supported the Ptown Classic.

Special thanks to: The Provincetown Tourism and Drew, Bike Shack and Liz, Fanizzi's and Paul, Toys of Eros and Maxine, The Underground and Bobby, Grab N Go Health Bar and Michelle, The Club and Bruce and Lea, Laura at Essentials, April and Rangle at House of Pizza, Walt and Joy at Lobster Pot, David at Penney Patch, Javier at Stop & Shop, Jay & Jack at Yesterday's Treasures, Jim Farley at Farland Provisions and each team representative for organizing and bringing their team.

See you next year at the 17th IWFFA Ptown Classic! Dates will be September 15 - 18, 2023

This tournament is sanctioned by the International Women's Flag Football Association Contact: IWFFA@IWFFA.COM -WEB: IWFFA.COM

C: (305) 896 -8678 - O (305) 293-9315









#### Field/ Team Responsibilities at the Field

Check Information Table first thing each day for updated information & check correct scores on score board

#### **Tournament Director:**

Diane Beruldsen (305) 896 - 8678 - IWFFA@IWFFA.COM Tournament Assistant Director: Maria

Eguigure - M.J. (from Honduras) **Head Official** – Mark Walker. Other tournament officials: Jane Eldredge and Renee Walker

# Field - Motta Field - 12 Winslow Ave - In Ptown

**Parking** - At the field will require money for the meter - it is not free - we are not responsible for parking tickets

**Team Photos** – 15 minutes before your first game your team photo will be taken. Please make sure it is done. **Flag Belts** Each team is required to provide their own Flag - A-Tag WEVS

provide their own Flag - A-Tag WFVS Sonic Belts.

**Pennies** 3 inelligeable linewoman must be designated, can wear Mesh pennies or different shirt color from team **Game Ball** The tournament will provide the field with the official IWFFA Wilson, TDJ all leather premium football.

**Goal Posts -** We will rig goal posts - 2 x 4's to soccer goals - field goals, extra point kicks are options

**Down Markers -** Thanks very much Rhode Island for loaning their chains /down markers & cones

Pre-Game Player Check - Team Line-Up Prior to Game – 10 minutes early We ask teams to come to field 10 minutes before game time, to line up on side line for player check: roster check, no metal cleats, no jewelry, shirts tucked in and numbers match the roster, pockets NOT allowed on your shorts or pants. Flags must be tight and on each side.

#### Games are slotted either every 1.30

**hr.** The Game schedule is included in this tournament program.

Teams are guaranteed 4 games in this tournament (3 games round robin, and play offs)

Do You Know How to Officiate? Players are allowed to officate when they are not playing and they get paid!

Score Cards - Each team will vote for their team and opposing team's MVP offense and defense, nominate all stars, rate each official's performance of the game and pick any sportswoman nominees. Score cards are picked up @ Info table and should be returned as soon as

All Star Nominations – Each team will receive an All Star Sheet at Registration. If you have a nomination, write on score card or all star sheet. Include player name (or shirt #), Team name, and Position. Please notice ALL positions. Team coaches/ team reps will be asked to finalize the all star teams teams at end of tournament.

possible to the information table.

**No Switching Shirt Numbers** – Make sure you wear the shirt number given on your team roster.

Chain Gang – We have a chain schedule included in the tournament schedule. Teams are responsible for holding chains. (see penalty to teams who do not hold chains when scheduled in IWFFA rules) Three persons required: 1 for Marker, 2 for chains.

What's at the field? - There is no food or water at the field, please bring your own! There are plenty of take out places in Ptown. Grab N Go, Stop & Shop and Essentials

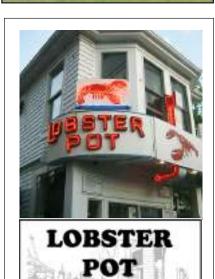
**10 x 10 Tent -** If you are driving and if you can bring a 10 x 10 tents for shade or rain you will be more comfortable at the field. If you have an extra tent, bring for your team mates.



#### We've got tournaments for you all over the world throughout the year!







321 Commercial St 508 - 487 - 0842 info@ptownlobsterpot.com





508.487.5506 bluday.com

305 commercial street, unit 2 provincetown, mass 02657



#### PROVINCETOWN HOUSE OF PIZZA

508-487-6655
Ptownpizza.com
Online Ordering Available
50 Bradford St.
Provincetown MA 02657

Corner of Shankpainter and Bradford St. Ample Parking for DINING IN OR TAKE OUT

PIZZAS - DINNERS - SUBS - BURGERS WINGS - SIDE - SALADS & MORE

> Prices Subject to change Add 7% Meah Tox



If you forgot it - we've got it not your average convenience store.

Open daily 8a.m. - 2a.m.

362 Commercial Street 508-487-3040



Proud to support Women's Flag Football

Shankpainter Road Mon - Sat 6am - 12am Sun - 6am- 10pm (508) 487- 4903

#### TOURNAMENT itinerary

#### 16th IWFFA Ptown Classic Itinerary - Sept 16 - 19, 2022

#### Provincetown is a Fantastic Place!

We suggest you come to Provincetown a few days early and leave a few days after the event in order to rest, relax and enjoy all of Provincetown's: Shops, Dune Tours, Whale Watching, Bike Ride the Dunes or around town. Enjoy the Beach, Great Resturants, Bars and Clubs. Monday we have a bike tour through the Dunes.

Did you pick up your FREE bike rental? GO TO THE BIKE SHACK

Please take notice of the businesses who have advertised in this program
They have supported our event, please support them

#### **FRIDAY**

Friday Night Registration for Teams and Players - 8 pm - 10PM - @ WAY DOWN TOWN - 265 Commercial st Official Tournament Registration - All teams, players must register tonight

This year we our registration will be at Wav Down Town - Live Music -Restaurant - Full Bar It is important that all players attend the registration tonight, to officially register for the tournament by showing photo I.D.s and sign the final team rosters. You cannot play until vou have been officially registered. Team captains go over rules, tournament format and schedule for games. Check your team game schedule and also your team's chain gang schedule for when your team is reponsible to hold the chains -(penalty to teams who do not hold chains when scheduled - read in IWFFA rules). Rosters close at 10 PM tonight (exception is the Loose Women's Team which always remains open throughout tournament). We will sell boxes for the

championship Game to help raise money to buy our Afghan women flag football players airline tickets out of Afghanistan and travel to Mexico - Win Half The Pot.

Location: WAY DOWN TOWN - 265 Commercial - 508 - 487-8800 http://www.waydowntownpt.com/

#### **SATURDAY**

Games Begin - 10 AM - Motta High School Field - 12 Winslow Ave Games slotted every 1.5 hours . Bring your own food and water to the field - Tents if you have for shade

Read "Player Information" (in this program) which describes field and team responsibilities

Parking at the Field - Parking is NOT FREE. You must put money in the meter, or you will get ticketed.

"Toys of Eros Half Time Games" @ The Field After Each Game With great prizes to our winners: ) Furthest throw - Longest Kick - Wheel Barrel Race and more. Fans & Players invited to join.

#### **TOURNAMENT** itinerary

Location: Motta High School Field - 12 Winslow Ave Location: Toys of Eros is Located at: 200 Commercial - Email: Walking/Bicycle Directions to Motta Field - From Commercial St. Turn up Winslow St. (See sign for the Pilgrim Monument) Follow up the hill and straight until you see Motta Field on your right. 12 Winslow Ave

Following your games on Saturday, you will have time to: shower, relax and go out with your team to a nice restaurant or snacks, before Saturday night party begins

May we suggest places to eat: Fanizzi's - Lobster Pot Grab-N-Go - House of Pizza - The Club- Stop & Shop - Essentials Penney Patch

Saturday Night Party - 9 PM - Late

The Underground Bar

Full bar - DJ - Dance floor - Pool

Table - Air Hockey - Dart Board 
Great Bartenders Jenn and

Michelle - Cool place to join the

teams to party, play or chill. No

cover at door.

Location - 293 Commercial St (508) 413 - 9648

#### **SUNDAY**

Sunday Day - Games Continue -10 AM - 5PM - Motto H.S. Field -12 Winslow Ave

We finish Round Robin - Play-offs (every team makes the play offs) /

Championship game time approximate 3:30

Games slotted every 1.5 hours Bring your own food and water to the field - Tents if you have for shade. Read team responsibilities in this program. Remember to put money in the meter to park your car near field.

#### "TOYS OF EROS HALF TIME GAMES" @ The Field After Each

Game - Prizes to our winners : ) Furthest throw - Longest Kick -Wheel Barrel Race and more. Fans & Players invited to join.

Location: Motta High School
Field - 12 Winslow Ave
Location: Toys of Eros is Located
at: 200 Commercial - Email:
info@toysoferos.com
Walking/Bicycle Directions to
Motta Field - From Commercial St.
Turn up Winslow St. (See sign for
the Pilgrim Monument) Follow up
the hill and straight until you see
Motta Field on your right. 12
Winslow Ave

Sunday Awards @ The Club - Following the Championship game time approximate: 5PM Awards Party & Tournament Celebration

The Club is a new site for our awards and a great place to celebrate!. Owned by: Lea DeLaria - Comedian - Jazz Singer and Great Actress. Live entertainment 7 days a week - NO COVER! Eat in or Take out.

Fabulous food, world class music,

on the beach, exceptional view of the harbor and here is where our Awards will be given out: Each teams's Offense, and Defensive MVP, Special Select Offensive and Defensive All Star teams, Team plaques to each team. Championship team receives plaque, Embroidered IWFFA hats, Team Registration Certificate for any IWFFA sanctioned tournament. We're also giving out an award for the best black & blue - show us what you got!

Location: THE CLUB - 193A COM-MERCIAL STREET - 508-487-1527 -THECLUBptown.com

#### **MONDAY**

Monday Dune Bike Ride - 12 Noon - 3PM @ The Bike Shack

Pick up your bikes @ The Bike Shack. Bicycles rentals are Free (also for the entire weekend) to our teams sponsored by the Bike Shack. We start at the Shack then bike through town, to the Dunes then the beach. Bring water and food and towell.

Location: The Bike Shack - 63 Shank Painter Road - (508) 487-0232

Monday Good Bye Dinner - Approximately 6PM @ Fanizzi's Restaurant by the Sea

Fanizzi's has served our annual good bye dinner for many years, because it's our favorite place to go. Ocean view dining, delicious seafood and perfect atmoshpere to end the tournament with friends. Located on the "quieter side of Commercial st, parking available. Early Bird Specials served from 4.30 - 6PM every day of the week. Share your tournament stories (it goes no further) and come join us!

Fanizzi's Restaurant - 539 Commer-

cial St (508) 487 - 1964 - https://fanizzisrestaurant.com

Thank you players and coaches and our great crew of officials: Mark, Jane and Renee.

We hope you truly enjoyed yourself. This weekend was put together by a group of hard working, dedicated team. Special thanks to tournament assistant: Lelis Espinoza, Michelle Crone, Brandon Motta, also Ann Gregoire, Robert, Teresa Doyle, Marlis Fath and all the beautiful spirits of our flag football players and teams who make this tournament such a great event.

Once again, we thank those businesses who supported us. Just take a look at our Ad Directory for these are businesses who financially supported the Ptown Classic.

Special thanks to: The Provincetown Tourism and Drew, Bike Shack and Liz, Fanizzi's and Paul, Toys of Eros and Maxine, The Underground and Bobby, Grab N Go Health Bar and Michelle, The Club and Bruce and Lea, Laura at Essentials, April and Rangle at House of Plzza, Walt and Joy at Lobster Pot, David at Penney Patch, Javier at Stop & Shop, Jay & Jack at Yesterday's Treasures, Jim Farley at Farland Provisions and each team representative for organizing and bringing their team.

See you next year at the 17<sup>th</sup> IWFFA Ptown Classic! Dates will be September 15 - 18, 2023

This tournament is sanctioned by the International Women's Flag Football Association

Contact: IWFFA@IWFFA.COM - WEB: IWFFA.COM -

C: (305) 896 -8678 - O (305) 293-9315



# 2023 IWFFA TOURNAMENTS



31th Kelly McGillis Classic International Women & Girls Flag Football Championship Key West, Florida, USA

January 26-30, 2023 (Games Only) (Full Week of Events: January 24 - 30)

1st Pakistan, Quetta

February 25 - 26, 2023

IWFFA Flag Football Festival - GUATEMALA

April 3-9, 2023

1st Honduras, Tegucigalpa 1st Spain, Ciudad De Leones March 11-12, 2023

2nd Mexico City, Mexico

May 20 - 21, 2023 May 27-28, 2023

6th San Salvador, El Salvador

June 24 - 25. 2023

Hosted by ASFA

2nd Morocco, Rabat

July 1-2, 2023

**IWFFA Flag Football Festival - SWEDEN** 

July 10 - 16, 2023

5th Cuba, Havana Friendship Game

July 29 - 30, 2023

17th IWFFA Ptown Classic,

Provincetown, Massachusetts

8th Guatemala City, Guatemala

September 15 - 18, 2023

Hosted by Guatemala Women's Flag Football League

November 4 - 5, 2023

2nd Kingston, Jamaica

November 11-12, 2023

32nd Kelly McGillis Classic International **Women & Girls Flag Football Championship** Key West, Florida, USA 2024)

January 26-28, 2024 (Games Only) (Full Week of Events: January 23 - 29,





Name:	Date:	
name.	Date.	

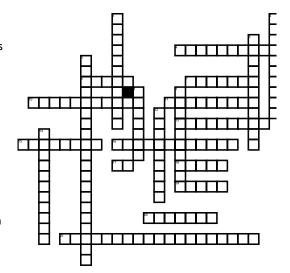
## **IWFFA PTOWN CLASSIC 2022**

#### Across

- **4.** Convenience Store on Commercial that has everything you need
- **6.** who is assistant tournament director
- **7.** healthy food on the run
- **10.** Candy Store in ptown
- 11. crossing the goal line with possession of the ball is a
- 13. SUPERMARKET
- **15.** Best Italian Restaurant in Ptown
- 16. Best Pizza in Ptown
- 17. HOW MANY YEARS HAVE WE HAD THE PTOWN CLASSIC?
- **18.** one of the female referees
- 19. What country did the IWFFA travel to this year in it's promo tour (begins with S)
- **20.** What country did the IWFFA start a new women's flag football league?
- **21.** who sells wonderful antiques

#### Down

1. IWFFA flag football players in what country are we evacuating to Mexico?



- **2.** Best lobster restaurant in ptown
- **3.** Where is the Registration
- **5.** Name of tournament in key west
- **8.** Where is the awards party
- **9.** Where to buy Sexy Things
- **12.** Where can you rent bikes for free
- **14.** Where is the Saturday Night Party?





# WATERFRONT DINING LUNCH \* BRUNCH \* DINNER LIVE MUSIC NIGHTLY NO COVER

193A Commercial Street (508) 487-1527 theclubptown.com

Saturday Night Party
9 - 11PM



293 Commercial St, P-Town, MA



PROVINCETOWN by the Sea

Eclectic offerings from your community year-round all day restaurant



Lunch: 11:30 am - 3:30 pm Dinner: 4:30 - 9:30 pm

539 Commercial St., Provincetown, MA 02657 508-487-1964 • info@fanizzisrestaurant.com

www.fanizzisrestaurant.com