



# 15TH IWFFA P-TOWN CLASSIC

## Women's Flag Football Tournament

SEPTEMBER 17 - 20, 2021



# IWFFA

International Women's  
Flag Football Association



[iwffa@iwffa.com](mailto:iwffa@iwffa.com)

.....

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AWOL is proud to be the official hotel  
of the IWFFA P-Town Classic.

# LETTER FROM THE PRESIDENT

**DIANE BERULDSSEN**  
**IWFFA FOUNDER & PRESIDENT**



Welcome everyone to the 15th IWFFA Ptown Classic Women's Flag Football Tournament.

Ptown is such a great town, lot's to do and easy to get to. I hope you picked up your bike at Bike Shack who is providing free bikes to all the teams. Don't worry about parking and get to anywhere in Ptown on your bicycle.

Provincetown has supported the Ptown Classic for all these years. From it's tourism office to local businesses, they have made it possible for us to afford the event. The team registration fees do not cover the tournament expenses. It is the local businesses who make the event possible with their financial support, donation or in kind service for our tournament. We ask each of you to do the same and support those businesses you see in this tournament program and to let those businesses know you are part of our flag football event!

We were close to having a full field this year – 8 teams who wanted to register, but alas, we have 4 teams in this year's tournament. And that means we have a really nice schedule, a minimum of four games and all the teams will make the play offs. Welcome to: Blue Wave, Ptown Loose Women, Combined NJ-RI team and a new team to this years event: Pittsburg Passion. We have officiating this year: Mark Walker, Jane Eldredge and Renee Walker. These 3 officials make up the best team of officials the IWFFA has ever had!

I am grateful we are able to host the tournament this year. Last year's IWFFA-Ptown Classic had to be postponed due to COVID. So this year we structured almost all of our social events to be outdoors and remind you to keep a safe distance from others. We're not out of the woods yet, and as covid mutates and creates more contagious strains, we have to always be on our guard. I hope all the players have been vaccinated. If not, I encourage you to do so. If you have not been vaccinated, you must wear a mask on the field when you play (we will provide masks at the field). Many of the businesses in Ptown are mandating proof of vaccination, plus masks to be worn indoors. So, as much as this Covid is a pain in the ass, the sooner we get on board as a team, the sooner we can eradicate this pandemic and get back to a normal life.

A few of the players in this tournament, are first generation flag football players, who played flag football in the 70's. In those years we had all male coaches, male officials. If you didn't know how to play, your coach would tell you to watch NFL football on T.V. In the early years we were taught to "hit her hard", "take her out" and what we really played was "tackle -flag football" a very hard physical game. Tackle flag football created a mentality that crossed over and off the field to the way we treated our opponents. I remember "team cults", where teams would band together and isolate themselves from the other competing teams. There was not much niceness displayed towards other teams, and emphasis was put on winning at all costs. It took years for me to realize that this was not the woman's game, but rather yet another male influence on women's lives. Without realizing it, men who dominate sports (and the world), effects how I behave and act as a woman. So, in the 90's when I traveled to Scandinavia to teach flag football to the women, the Scandinavian women taught me. There was no flag football in: Denmark, Norway, Sweden and Iceland. Therefore the women had to coach themselves and officiate in their tournaments.

**Continued on next page**

# LETTER FROM THE PRESIDENT

## CONTINUED...



Working together on this level created such camaraderie, team work and support for one another, that I realized flag football should be played with a different style, purpose and philosophy. Female flag football players should treat each other as one family. Since then, when the IWFFA travels to other countries to introduce the sport and help develop girls and women's flag football leagues, we bring the philosophy of the IWFFA and put women in leadership roles so they can rule their own sport. We want women to play with a natural female style, to work together and support one another, no matter what team you play on. No matter what the score, we are grateful for the challenge and more important than winning, is playing one's best. And when you play your best, and your team plays their best, that's when the magic happens and true team work is experienced.

I coach girls flag football and start out the season with a question to my players: "If your gonna die tomorrow and today is your last flag football game, would you rather win 100-0, or loose 7-6?" A majority of my girls will say they want to win. And then at the end of the season, when all the games are over, I ask the same question to my girls. If it turns out, I was able to change their minds so that the majority would prefer to loose 7- 6 in order to experience the greater challenge, then I was a great coach. I encourage you to coach a girls flag football team, to teach the girls life skills and to show girls women as leaders.

Years ago, we had many women's music festivals started by lesbians, who created a safe place for women of all types to gather. I attended many of these festivals, the largest being in Michigan with over 5,000 women on "woman's land" who created such an empowering experience and made a woman feel proud to be a woman. From this, I wanted to share such a great experience with our flag football women and so, we have created something really special starting next year April 10 – 17, 2022, our 1st IWFFA - Flag Football Festival in El Salvador. Players will tent in the woods, eat together, join in flag football clinics for every position in flag football, and continue throughout the day to join other women's workshops for: music, poetry, support groups, drumming, indigenous teachings in order to build the female spirit in our souls. For one week, all women (athletic or not) will be welcome (women only) to learn and teach one another. Just bring your tents, sleeping bags and cleats and if you would like to offer a workshop – contact our office. And please come join us! We add our 2nd IWFFA Flag Football Festival in Sweden in 2023.

I hope you enjoy the tournament this year, play your best flag football and make new friends from the other teams. It's not about the numbers on the score board, it's the experience you share and keep with you forever. Thank you for competing in the event and let the games begin.



# WELCOME



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Cell: (305) 896-8678



# IWFFA

International Women's  
Flag Football Association

**IWFFA**  
30th Kelly McGillis Classic  
International Women & Girls Flag Football  
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photo: Images by Doc



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## Field/ Team Responsibilities at the Field

Check Information Table first thing each day for updated information & check correct scores on score board.

### **Tournament Director: Diane Beruldsen**

(305) 896 - 8678 - IWFFA@IWFFA.COM

**Tournament Assistant Director: Maria Eguigure - M.J.** (from Honduras)

**Head Official - Mark Walker. Other tournament officials: Jane Eldredge and Renee Walker**

**Field - Motta Field - 12 Winslow Ave** - In Ptown

**Parking** - At the field will require money for the meter - it is not free - we are not responsible for parking tickets.

**Team Photos** - 15 minutes before your first game your team photo will be taken. Please make sure it is done.

**Flag Belts** - Each team is required to provide their own Flag - A-Tag WFVS Sonic Belts.

**Pennies** - 3 intelligible linewoman must be designated, can wear Mesh pennies or different shirt color from team.

**Game Ball** - The tournament will provide the field with the official IWFFA Wilson, TDJ all leather premium football.

**Goal Posts** - We will rig goal posts - 2 x 4's to soccer goals - field goals, extra point kicks are options.

**Down Markers** - Thanks very much NJWFF for loaning their chains /down markers & cones.

**Pre-Game Player Check - Team Line-Up Prior to Game - 10 minutes early**

We ask teams to come to field 10 minutes before game time, to line up on side line for player check: roster check, no metal cleats, no jewelry, shirts tucked in and numbers match the roster, pockets NOT allowed on your shorts or pants. Flags must be tight and on each side.

Games are slotted either every 1.15 hr. or 1.30 hr. Teams are guaranteed 4 games in this tournament.

**Do You Know How to Officiate?** Players are allowed to officiate when they are not playing.

**Score Cards** - Each team will vote for their team and opposing team's MVP offense and defense, nominate all stars, rate each official's performance of the game and pick any sportswoman nominees. Score cards may be picked up @ Info table and should be returned as soon as possible to the information table.

**All Star Nominations** - Teams nominate all star positions. If you have a nomination, write on score card or all star sheet. Each team will receive an All Star Sheet at Registration. Include player name (or shirt #), Team name, and Position. Please notice ALL positions. Team coaches will be asked to finalize the all star teams at end of tournament (it is a team effort by all the teams to decide).

**No Switching Shirt Numbers** - Make sure you wear the shirt number given on your team roster.

**Chain Gang** - We have a chain schedule included in the tournament schedule. Teams are responsible for holding chains. (see penalty to teams who do not hold chains when scheduled in IWFFA rules) Three persons required: 1 for Marker, 2 for chains.

**What's at the field?** - There is no food at the field. Please bring your own! We will have a 5 gallon water jug for you to fill up your water bottles (bring your own water bottles). There are plenty of take out places in Ptown.

**10 x 10 Tent** - If you are driving and if you can bring a 10 x 10 tents for shade or rain you will be more comfortable at the field.

**Bathroom at Field** - There will be a porto - potty at the field

**1st Aid** - A simple 1st aid kit will be kept at the information table. We suggest you bring your own kit and trainer.

**Half Time Games** - Sponsored & Prizes by: Toys of Eros. Fun competition for: longest kick, furthest throw, most sit-ups, etc. Anyone can join - players and fans. Have your photo taken and posted on our website.

**Player Eligibility** - The tournament will keep rosters handy at the field in case there is a dispute for an illegal player. Any concerns about an opposing team using an ineligible player may be brought up with tournament director and roster will be checked immediately. Teams using ineligible player will forfeit that game.

**Special privilege for the Loose Women's Team - Read in IWFFA rules** - Should Loose Women's team need to borrow players from other teams to make a full 8 player team - it is allowed. Game scores count.

**Liquor on the field** - We strictly enforce the law and prohibit consumption of any alcoholic beverages on the public field. Violators will be given a summons and asked to leave the premises if caught drinking alcohol at field.

**Keeping it Clean on the fields** - We greatly appreciate your help. Please throw garbage in cans and recycle.

**We welcome all comments** - Feel free to talk to our Tournament Director at any time. We ask that any criticism reported be accompanied with written suggestions to better any concerns. Email us your comments : iwffa@iwffa.com, following the tournament, which are most helpful. Good comments are also appreciated.

A tournament survey - will be emailed to players following the tournament. If you would take time to answer we would be most grateful.

# ITINERARY



## 15th IWFFA Ptown Classic Itinerary - Sept 17 – 20, 2021

Provincetown is a fantastic place! We suggest you come to Provincetown a few days early and leave a few days after the event in order to rest, relax and enjoy all of Provincetown's: Shops, Dune Tours, Whale Watching, Bike Ride the Dunes or around town. Enjoy the Beach, Great Restaurants, Bars and Clubs. Monday we have a bike tour through the Dunes.

### **Did you pick up your FREE bike rental? GO TO THE BIKE SHACK**

Please take notice of the businesses who have advertised in this program  
They have supported our event, please support them.

## FRIDAY

**Friday Night Registration for Teams and Players - 8 pm – 10PM – @ BIKE SHACK - 63 Shank Painter road - Official Tournament Registration - All teams, players must register tonight**

This year we are outside for our tournament registration at the Bike Shack. Under the stars, live music, fun contests, meet and mingle with the other teams. Proprietor, Liz Athineos has been sponsoring all the tournament teams bicycle rentals since 2016!

Pick up your bike while your there and take a ride around town this weekend and enjoy Monday on the Dunes.

It is important that all players attend the registration tonight, to officially register for the tournament by showing photo I.D.s and sign the final team rosters. You cannot play until you have been officially registered. Team captains go over rules, tournament format and schedule for games. We pick out of a hat which teams are: A, B, C, D in the preset schedule. Check your team game schedule and also your team's chain gang schedule for when your team is responsible to hold the chains – (penalty to teams who do not hold chains when scheduled - read in IWFFA rules). Rosters close at 10 PM tonight (exception is the Loose Women's Team which always remains open throughout tournament) . We will sell boxes for the championship Game to help raise money for our 2022 Sierra Leone promotional tour for flag football equipment for the girls and women - Win Half The Pot.

**Location: BIKE SHACK - 63 Shank Painter road - 508 - 487 - 0232 - provincetownbikeshack.com**

## SATURDAY

**Games Begin – 10 AM - Motta High School Field – 12 Winslow Ave**

**We ask those players not vaccinated to wear masks.**  
Games slotted every 1.5 hours

Bring your own food and water to the field – Tents if you have for shade

Read "Player Information" and "tournament schedule" (in this program) which describes field and team responsibilities.

**"Toys of Eros Half Time Games" @ The Field After Each Game** With great prizes to our winners.

Furthest throw - Longest Kick - Wheel Barrel Race and more. Fans & Players invited to join.

**Toys of Eros is Located at: 200 Commercial – Email: info@toysoferos.com**

**Parking at the Field** - Parking is NOT FREE. You must put money in the meter, or you will get ticketed.

**Walking/Bicycle Directions to Motta Field** - From Commercial St. Turn up Winslow St. (See sign for the Pilgrim Monument) Follow up the hill and straight until you see Motta Field on your right. 12 Winslow Ave.

Following your games on Saturday, you will have time to: shower, relax and go out with your team to a nice restaurant or snacks, before Saturday night party begins. May we suggest: Fanizzi's – Grab-N-Go - Cantina- Stop & Shop- – Essentials- Lewis Brothers Ice Cream – Penney Patch

**Saturday Night Party - 9 PM - Late @ The Underground Bar**

Proof of vaccination to enter – masks must be worn indoors. Full bar - DJ - Dance floor - Pool Table - Air Hockey - Dart Board - Great Bartenders Jenn and Michelle - Cool place to join the teams to party, play or chill. No cover at door. **Location - 293 Commercial St (508) 413 - 9648**

# ITINERARY



## SUNDAY

### **Sunday Day – Games Continue – 10 AM – 5PM - Motto H.S. Field – 12 Winslow Ave**

We finish Round Robin - Play-offs (every team makes the play offs) / Championship game played at 3:30  
We ask those players not vaccinated to wear masks.  
Games slotted every 1.5 hours.

Bring your own food and water to the field – Tents if you have for shade. Read team responsibilities in this program.

### **“TOYS OF EROS HALF TIME GAMES” @ The Field After Each Game** - Prizes to our winners.

Furthest throw - Longest Kick - Wheel Barrel Race and more. Fans & Players invited to join.

Toys of Eros is Located at: 200 Commercial – Email: info@toysoferos.com

### **Walking/Bicycle Directions to Motta Field**

From Commercial St. Turn up Winslow St. (See sign for the Pilgrim Monument) Follow up the hill and straight until you see Motta Field on your right. 12 Winslow Ave

### **Sunday Awards @ The Canteen - Following the Championship game – time approximate: 5PM Awards Party & Tournament Celebration**

The Canteen is a new site for our awards and a great place to celebrate! Outdoor beach seating – Beach Bar – Dog Friendly. The Canteen is a casual New England eatery that uses high-quality ingredients to create Cape Cod favorites from scratch. Their menu and style of service is rooted in the tradition of classic seafood shacks, but influenced by modern American cuisine. Housed in a 200 year-old building, their communal dining room backyard seating area opens out onto Cape Cod Bay. That where we will be giving out the tournament awards. Awards to be given out: Each teams' Offense, and Defensive MVP, Special Select Offensive and Defensive All Star teams, Team plaques to each team. Championship team receives plaque, Embroidered IWFFA hats, Team Registration Certificate for any IWFFA sanctioned tournament. We're also giving out an award for the best black & blue - show us what you got!

**Location: The Canteen - 225 Commercial Street – 508-487 – 3800**

## MONDAY

### **Monday Dune Bike Ride - 12 Noon - 3PM @ The Bike Shack**

Pick up your bikes @ The Bike Shack. Bicycles rentals are Free (also for the entire weekend) to our teams sponsored by the Bike Shack. We start at the Shack then bike through town, to the Dunes then the beach.

Bring water and food and towel.

**The Bike Shack - 63 Shank Painter Road - (508) 487-0232**

### **Monday Good-Bye Dinner - Approximately 6PM @ Fanizzi's Restaurant by the Sea**

Fanizzi's has served our annual good bye dinner for many years, because it's our favorite place to go. Ocean view dining, delicious seafood and perfect atmosphere to end the tournament with friends. Located on the "quieter side of Commercial st, parking available. Early Bird Specials served from 4.30 - 6PM every day of the week. Share your tournament stories (it goes no further) and come join us!

**Fanizzi's Restaurant by the Sea - 539 Commercial St (508) 487 - 1964**

### **Thank you players and coaches and our great crew of officials: Mark, Jane and Renee.**

We hope you truly enjoyed yourself. This weekend was put together by a group of hard working, dedicated team. Special thanks to tournament assistant: "MJ," Maria Jose Eguigure, Executive Assistant: Sarah Gazi, Entire LMC staff who is the IWFFA managing company, Ann Gregoire and all the beautiful spirits of our flag football players and teams who make this tournament such a great event.

Once again, we thank those businesses who supported us. Just take a look at our Ad Directory for these are businesses who financially supported the Ptown Classic. Special thanks to: AWOL, Amanda and Lark Hotels for hosting our officials and tournament organizers, The Provincetown Tourism, Bike Shack and Liz, Fanizzi's and Paul, Toys of Eros and Maxine, The Underground and Bobby, The Canteen and Loic, Harbor Lounge and Cassie, Grab N Go Health Bar and Michelle and each team representative for organizing and bringing their team.

**See you next year at the 16th IWFFA Ptown Classic! Dates will be September 16 – 19, 2022**



225 Commercial Street  
Provincetown, MA  
Ph: 508-487-3800  
[thecanteenptown.com](http://thecanteenptown.com)

Tournament Awards - Sunday



# GAME SCHEDULE



- 4 team schedule w. chain gang
- All teams make play offs
- 9 games total
- Games slotted every 1.5 hour – enough time in between games to take a rest.
- Half time games during each half
- Teams must report to side line 10 minutes before game for player check
- We pick out of a hat which teams are: A, B, C, D

**This schedule has a team back to back on Saturday (Team A)**

TIME	TEAM	SCORE	TEAM	SCORE	CHAIN GANG
10:00	B		C		A
11:30	A		D		C
1:00	A		B		D
2:30	D		C		B

## Sunday

TIME	TEAM	TEAM	SCORE	TEAM	SCORE	CHAIN GANG
9		A		C		B
10:30		B		D		C
12	SEMI	1		4		A ( OR 2 OR 3)
1:30	SEMI	2		3		D (OR 1 OR 4)
3:30	CHAMP					4 <sup>TH</sup> PLACE

TEAM	A	B	C	D
SATURDAY	10 AM – CHAINS 11:30 – VS. D 1PM – VS. B	10 AM VS. C 1PM VS A 2:30 CHAINS	10 AM VS. B 11:30 CHAINS 2:30 VS. D	11:30 VS. A 1PM CHAINS 2:30 VS. C
SUNDAY	9AM VS. C 12:00 CHAINS  PLAY OFFS 12 OR 1:30 3:30 - CHAMP	9 AM – CHAINS 10:30 VS. D  PLAY OFFS 12 OR 1:30 3:30 - CHAMP	9 AM VS. A 10:30 CHAINS  PLAY OFFS 12 OR 1:30 3:30 - CHAMP	10:30 VS. B 1:30 CHAINS  PLAY OFFS 12 OR 1:30 3:30 - CHAMP



# Toys of Eros

## HALF TIME GAME SPONSOR

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**IWFFA**  
International Women's  
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# 2022 TOURNAMENTS

30th Kelly McGillis Classic International Women & Girls Flag Football Championship	January 27-30, 2022 (Games Only) Full Week Events January 24 - 31
1st Qutte, Pakistan	February 19-20, 2022
2nd Honduras, Tegucigalpa, Flag Football Clinics	March 19-20, 2022
2nd New Orleans, USA 2021	March 26 - 27, 2022
IWFFA Flag Football Festival – El Salvador	April 10 - 17, 2022
1st Mexico City, Mexico	May 28 - 29, 2022
1st Sierra Leone, West Africa	May 28-29, 2022
5th San Salvador, El Salvador, Hosted by ASFA	June 25-26, 2022
5th Havana, Cuba	July 9 - 10, 2022
Grand Bahamas Annual Tournament	July 23 - 24, 2022
8th Readington, New Jersey Hosted by NJWFF	August 6 - 7, 2022
Madrid, Spain - 1st Annual	August 21 - 22, 2022
17th Gothenburg, Sweden, Hosted by Gothenburg Angels	August 27-28, 2022
15th IWFFA P-Town Classic, Provincetown, Massachusetts	September 16-19, 2022
1st Ocala, Florida	October 12, 2022
7th Guatemala City, Guatemala, Hosted by GWFFL	November 5-6, 2022
31st Kelly McGillis Classic International Women & Girls Flag Football Championship	January 26 - 30, 2023 (Games Only) Full Week of Events: January 23-30



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[bluday.com](http://bluday.com)

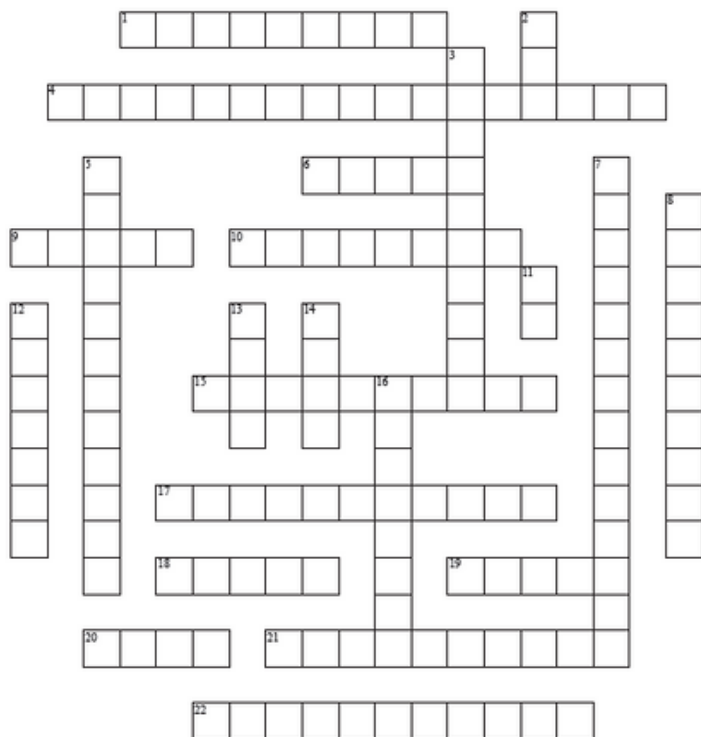
306 commercial street, unit 2  
provincetown, mass 02657

# LET'S PLAY A GAME!



Name: \_\_\_\_\_ Date: \_\_\_\_\_

Have You Read the Program? 1st one to complete - WINS



## Across

1. Where is Registration
4. Name of this tournament
6. Best International Flag Football Association
9. "Women Should Rule Their Own \_\_\_\_\_"
10. Championship Team Ptown 2019
15. Half Time Game Sponsor
17. The Ptown Classic use to be called after which comedian
18. Very Big Fish Popular to Watch In Ptown

19. Monday Bike Tour will be in the .....

20. Name a female official in this tournament

21. "Once A \_\_\_\_\_ Always a \_\_\_\_\_"

22. Where is Saturday Night Party

## Down

2. Can Loose Women borrow players from other teams?

3. 1st IWFFA Flag Football Festival Will Be Held In What Country?

5. Ptown stands for

7. Founder of the IWFFA

8. Head Official

11. Assistant Tournament Director

12. Where is Awards Party

13. Host Hotel

14. Players who have COVID vaccination do not have to wear a .....

16. Best Italian Restaurant in Ptown

## THE PENNEY PATCH



279 Commercial St.  
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## YESTERDAYS TREASURES

Antiques and Fine Art

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**Build Your Own Salad**



**Grab 'n Go**

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**[www.fanizzisrestaurant.com](http://www.fanizzisrestaurant.com)**