

18th IWFFA – PTOWN CLASSIC



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Toys of Eros
Luke's Lobster

Parade Sponsor

Michele Rizzuto



September 6 – 9, 2024



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Loose women's team!

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20	Harbor Hotel
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PTOWN TOURNAMENT PROGRAM

Production and Graphic Design:
MasterBrand Marketing

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businesses
for their donations

Farland Provisions
Weston Salon



GRAB 'N GO

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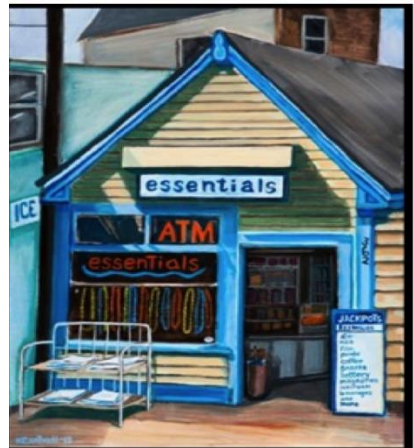
Grab 'n Go
212 Commercial Street
Across from the US Post Office

Letter from the President



This year the IWFFA - Ptown Classic is looking at a full field of 8 teams, which includes a team of women from El Salvador. We picked up the team from our 2024 promotional tour this summer when the IWFFA traveled to El Salvador for tournament and to start up girls flag football. We were successful to start up both age groups: girls 8 - 11yrs. and juniors 12 - 15 yrs. and as an added bonus from the tour, you will see these Salvador female athletes here on the field in Ptown. You will also notice one player from South Sudan: Suzana Abdelbage. Suzy was part of our 2024 Toronto, Canadian promo tour which IWFFA went to continue support for our Afghan flag football players (who played flag football in Afghanistan before the Taliban came). The women from Toronto were mostly our Afghanistan's whom IWFFA worked to get their asylum to Mexico in 2022 with the partnership of: ALDEA and Greenberg Traurig of Mexico. Since Mexico, they traveled to Toronto to live their lives. Next year we hope to have a full team of Afghans competing in the Ptown Classic. These Afghans need to live in Canada a little bit longer in order to gain permanent residency so they can then travel outside Canada (and to Ptown).

As a woman's organization, at Friday's registration at the Harbor Lounge from 8-9PM, we will have a panel of women who played sports in the 50's. We have international women sharing what it's like to live the life of a woman in their country. It's hard sometimes to understand what's going on in the world, and here we get to hear first hand from these women & listen to their stories. Questions & answers to follow. This will be an excited forum, thank you Michelle Crone for helping to organize the event.



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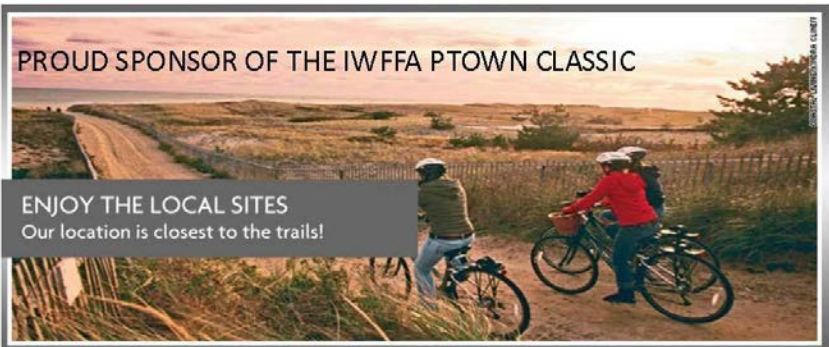
Recently, American Airlines gave me a key chain with my name on it which states: Diane Beruldsen - Million Miler Traveler (and that's only American Airlines!). I have traveled over a million miles around the world just for flag football and the rippling effects of our promotional tours has been amazing. Our organization is willing to go to a country, (perhaps where flag football never existed),to teach a group of women or girls flag football and help them develop their own flag football league putting the women in charge. For countries such as: India, Afghanistan and Pakistan where we have traveled to this is BIG. Men are so dominant and women are suppressed. When we put one of these women on the flag football field for training where she: blocks, kicks, throws the ball, runs with the ball... I wish you could see her face. This is what I experience every time I go to a new country. These physical skills involved in flag football alone is what empowers the female. It's not the points. It's the power of feeling one's body.

Next year IWFFA travels to Sri Lanka to train 200 women and Gibraltar to train 20 women. We introduce the sport in those countries. We may add the Netherlands and who knows from now until then what other countries we go to. As I get older, and soon retire in 2027, I'm looking to find the women who will become IWFFA's next group of Trainers.

THE BIKE SHACK

"PROMOTING A BETTER WORLD THRU CYCLING"

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Repairs – Rentals - Open 9 – 8



continued next page



BRASSWOOD
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Proud to Support Women's Flag Football!

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The Intn'l Women Flag Football Association (IWFFA) first started out in 1997 as a woman's sports organization focusing on tournaments across the U.S.A. and then other countries. Through the years we slowly redefined ourselves as a woman's organization first, who uses flag football as a vehicle to unite, empower and support women around the world building female leaders.

Through our IWFFA promotional tours, traveling to other countries, we teach women how to play flag football with the philosophy to play one's best vs. playing to win. We encourage our players to make friends with the other teams and to support one another. This philosophy separates the IWFFA from many other sports organizations and creates a clean, fair play during our competitions. We also supply these groups with flag football equipment and help develop their leagues so they can continue to grow flag football in their country, putting women in charge of their leagues. These new leagues then fall under the umbrella of the IWFFA which has expanded the IWFFA into regions. It is your membership dues, your fundraisers which help us to do this work. Every IWFFA member should feel proud to be a part of our work and the family. It's time for you now to join us on the next level. Come speak to me.

continued next page

The Ptown Classic brings together some of the best female athleticism. It's here that I've seen the most exciting flag football. Thank you players, coaches and teams for sharing your strength and brilliant strategy, the way the game should be played. Thank you to: Renee, Jane and Mark for your quality officiating. I am so grateful to all the businesses, sponsors and province tourism for their support, for without everyone this event would not be possible. We are a team.

Play your best flag football, make new friends and experience the excitement.

Sincerely, Diane Beruldsen

President / Founder IWFFA

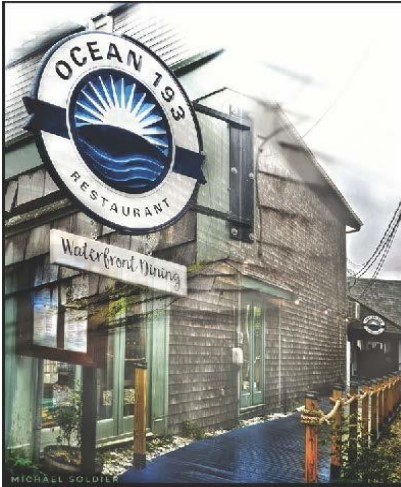


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Sun – 6am – 10PM
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Female Flag Football Players
All Around the World

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Who's Who

International Women's Flag Football

Association is a non-for profit organization, an alliance of girls and women's flag football teams, leagues and individual players from around the world. An organization run by women. We travel all over the world to start up women's flag football leagues putting the women in charge.

PHONE:(305) 896 - 8678

IWFFA@IWFFA.COM - WEB: IWFFA.COM

Diane Beruldsen President/Founder of the IWFFA. Has been playing and organizing female flag football since 1978. She's traveled over a million miles for flag football and that's just with American Airlines!

Michele Rizzuto Parade Sponsor

is a phenomenal human being. One of our best flag football players who was asked to travel the world to train women flag football for her skill level, heart & soul for the sport. You can read about her on pg 22. She made our parade possible this year.

Contact: 321-339-9584

Michele.rizzuto@ml.com

#The future is female

Liz Athineos - Owner of The Bike Shack, has been supplying our teams with bicycles since 2015. Liz also happens to be a board member of the IWFFA. She played on the Loose Women's team in 2015.

Susan Ormont Joins our panel of guest speakers who will share their stories what it was like to be a female athlete in the 1950's

As a teenager from 1960-64 I was extremely active in tennis, skiing and bowling. There were no female teams at that time in High Schools but tennis teams did accept a few females. Competition was focused almost totally on boys. It was not really an option to me to get involved in any competition sport except gradually softball which was considered safe for women. However, that sport did not particularly interest me. It was known in the community that very butch women, probably "dykes" were the girls who played softball. If you joined the teams, you were labeled a dyke.



International Women's Flag Football Association

Who's Who (continued)

Courtney Paulsen-Martin - Owner of Somerset House Inn who for the third year has sponsored the stay for our Officials in Provincetown. Courtney herself was a loose woman, who played in 2022.

Carol Silvestri - Manager of the Underground. Played on the loose women's team in 2014. Carol has always supported the tournament since playing with the team.

The Underground - Sponsor of the Loose Women's team for the 2nd year, and host for our Saturday night parties since 2016

Maxine Kroll is owner of **TOYS OF EROS** - who sponsors THE "HALF TIME GAMES" since 2019. Toys of Eros Supplies Adult Prizes to our winners. Fans & Players invited to join.

Cass Benson - Owner of the Harbor Lounge. Cass never played on the loose women's team. She has sponsored and hosted the tournament registration since 2011. A great supporter of women's flag football.

Michelle Jaffe – Owner of Grab 'N Go – who has supported the Ptown Classic each year financially since 2021.

Michelle Crone – An advocate for lesbians & All women. Her work as an activist never ends. As an organizer of Women's music festivals, to community, to politics.



Who's Who (continued)

Suzana Adelbage Akol Agang South Sudan – Player & Speaker

My name is Suzana, and I am born in South Sudan. I am a mother of five boys and a girl. I left my country due to war and fled to Egypt and then Israel, where I lived for fourteen years. I came to Canada in 2019 and became a citizen in 2023. My country South Sudan is the youngest nation on earth and gained independence from the north in 2011. My country is very famous of having tall and dark skin people who are famous for raising cattle, fishing, hunting, and cultivation. We also have 64 different tribes who all speak different dialects! Although it hasn't been an easy journey, my country is moving slowly towards peace and prosperity. We are also proud of our South Sudan basketball team, who just represented us at the Paris 2024 Olympics! I am here to play in the flag football tournament because of the IWFFA. This summer, when the IWFFA came to Toronto Canada to teach the Afghanistan women, everyone at the international school was invited. Our Toronto-Afghanistan women's flag football team was invited to compete in this tournament, but could not join. For this reason, it is very important for me to play, learn & teach what I have learned for the sake of my team. And it is important that I represent not only Canada, but my native country South Sudan. I look forward meeting players from the other teams, I have never played in a flag football tournament. I am happy to show everyone the dance from my native country, to speak at the women's gathering and to show everyone that South Sudanese women are brave, friendly and good athletes. Thank you IWFFA for this wonderful opportunity.



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& Bois



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QUEER & SAPPIC EVENTS IN PTOWN

Team Responsibilities at the Field

Tournament Director: Diane Beruldsen (305) 896 - 8678 - IWFFA@IWFFA.COM

Officials: Jane Eldredge, Renee Walker and Mark Walker.

Field - Motta Field – 12 Winslow Ave (next to Pilgram Monument)

Information Table - Will be at the field, check as soon as you come to the field and before you leave for updated information. Here you buy 50/50, champ game boxes, lost & found, programs, merchandise, equipment.

Games are slotted every 1.15 hr.

Game schedule is posted on IWFFA website: <https://iwffa.com/ptown-classic-2024/>

Teams are guaranteed 3 games in this tournament (3 games 1st round, then each bracket is seeded with top 2 teams advancing. Bottom team in each bracket is knocked out of competition.

Check correct scores on score board after your games.

Score Cards - Team captain picks up & returns filled out to info table as soon as game is over. These decide MVP's should be a team decision to vote for their team and opposing team's MVP offense and defense. We ask when you rate each referee's performance during the game: Mark is the man, Renee is the smaller female official and Jane is the other. You can also make comments about the tournament on the score cards.

Team Photos – 15 minutes before your first game your team photo will be taken. Please make sure it is done.

Game Ball The tournament will provide the official IWFFA Wilson, TDJ all leather premium football. This ball cannot be switched with another ball.

Flag Belts Each team is required to provide their own Flag - A-Tag WFVS Sonic Belts (no other type allowed).

Pennies 3 inelligeable linewoman must be designated, can wear Mesh pennies or different shirt color from team.

Purchase Equipment -Dozen Flag A Tag Belts \$60 / Wilson All Leather. Premium Jr. Size Standard Ball \$70 per. IWFFA@IWFFA.COM (continued next page)



Goal Posts - We have field goals and extra point kicks are options

Down Markers - Thanks very much the Dolphins for loaning their set of chains

Pre-Game Player Check - Teams must line up on sideline - for player check 10 Minutes before game time: roster & equipment check, make sure shirt #'s are correct. pockets NOT allowed on your shorts or pants.

Player Eligibility - The tournament will keep rosters handy at the field in case there is a dispute for an illegal player. Any concerns about an opposing team using an ineligible player may be brought up with tournament director and roster will be checked immediately. Teams using ineligible player will forfeit that game.

No Switching Shirt Numbers – Make sure you wear the shirt number given on your team roster.

All Star Nominations – Each team will receive an All Star Sheet at Registration.

If you have a nomination, write on all star sheet. Include player name (or shirt #), Team name, and Position. Please notice ALL positions.

When tournament is over, each team captain (1) and coach (1) will meet to discuss and agree on tournament all stars.

Chain Gang –Teams are responsible for holding chains when scheduled (see penalty to teams who do not hold chains when scheduled in IWFFA rules) Three persons required

Loose Women's Team - May borrow players from other teams (If under 10 players) Game scores counts



Global Gifts
212 Commercial
508-487-3524

Half Time Games – Sponsored & Prizes by: Toys of Eros. Fun competition for: longest kick, furthest throw, most sit-ups, etc. Anyone can join - players and fans. Winners have your photo taken and posted on our website. Games throughout the day

What's at the field? - There is no food or water at the field, please bring your own! There are plenty of take out places in Ptown. Grab N Go, Stop & Shop, Essentials, House of Pizza and plenty of restaurants (see this program)

10 x 10 Tent & Chair - You will be more comfortable at the field. If you have an extra bring for your teammates.

Bathroom at Field – Porto-potty at the field – please sit down. Tell us if we need more T.P.

1st Aid - A simple 1st aid kit will be kept at the info table. We suggest you bring your own kit

Liquor on the field - We strictly enforce the law and prohibit consumption of any alcoholic beverages on the public field. Violators will be given a summons and asked to leave the field alcohol at field.

Keeping it Clean on field Please throw garbage in cans & separate recyclables

Can You Officiate - Players are allowed to officiate when they are not playing & get paid!

We welcome all comments – Feel free to talk to our Tournament Director at any time or send email with suggestions: iwffa@iwffa.com

IWFFA Tournaments – It's time you brought your team to one of our international tournaments. They're cheaper, athletes are excellent, see the world. Register Your Team

We want you - IWFFA is looking for women to help. Talk to Diane

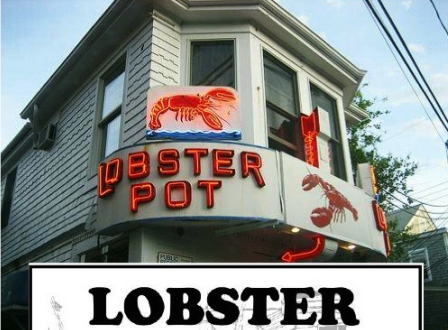
Coach Girls - Are you coaching a girls flag football team?



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Itinerary

September 6 - 9, 2024

Welcome to the: 18th IWFFA Ptown Classic

Provincetown is a Fantastic Place!

Come a few days early & leave a few days later. Enjoy all of Provincetown

Did you pick up your FREE bike rental?

Go to the BIKE SHACK - 63 Shank Painter road

Please take notice of the businesses who have advertised in this program
They have supported our event, please support them
& let them know you are part of the IWFFA-Ptown Classic

FRIDAY

**MICHELLE RIZZUTO
TOURNAMENT PARADE!**
5:45 PM teams line up @ Pearl St.

Our: "Michelle Rizzuto Flag Football Parade: starts at Pearl and ends end at Franklin. We take off at 6PM!

This is our first ever parade for the the IWFFA Ptown Classic (we pray it's a good one :) Our Grand Marshalettes will be the women who played sports in the 50's, and Suzana Adelbage from South Sudan. Teams march in costume or uniforms carrying their team banners. We'll have 5 gallon buckets to drum &, international flags. We hope everyone watching the parade will cheer us on (we can't hear you!). The theme for parade is "PEACE THROUGH FLAG FOOTBALL" as we are a woman's organization using flag football to empower women to be leaders in their communities & influential to one day bring peace!

YESTERDAYS TREASURES
Antiques and Fine Art

JAY GAGNE
JACK DELMOND
jacknjay@comcast.net

176 Commercial Street
Provincetown MA 02657
617-877-7544

**REGISTRATION & WELCOME PARTY
@ HARBOR LOUNGE**
7:30 PM - 10 PM - 359 Commercial
(508) 317-6193

This year we put together a special forum of women who played sports in the 1950's. Their stories will be shared as we learn what a different world life was for women who just wanted to play ball. We also hear Suzy from South Sudan how women and girls are treated. We will take questions from our players before the event. Submit before the talks. Thank you Michelle for helping to organize the forum.

Registering for the tournament

Players must attend registration tonight, to officially register for the tournament. Show photo I.D. & sign the final team roster. You cannot play until officially registered. Team captains & Officials go over rules, tourny format & game schedule. Check your team chain game schedule. Rosters close @ 10 PM (exception Loose Women's Team) . Harbor Lounge is a Full bar, waterfront view, one of the tournament's favorite places. We will sell boxes for the championship Game. Win Half The Pot. Auction for gift certificates plus we will sell 50 / 50 tickets. Please "Buy some Tickets". We can take VENMO. Any monies raised helps pay for 2025 Promotional Tour -

TOURNAMENT ITINERARY

SATURDAY

GAMES BEGIN - 9AM @ MOTTA FIELD - 12 WINSLOW

Games slotted every 1.15 hours
Game Schedule can be found at:
<https://iwffa.com/ptown-classic-2024>

Bring your own food and water to the field – Tents if you have for shade, chairs for your comfort.

Score cards can be picked up and turned in @ Information Table.

Info Table - You can buy Footballs, Flag Football Tee Shirts, IWFFA Hats, Flag A Tag Belts & Flags, 50/50, raffle tickets (we take Venmo).
Lost & Found.

Parking at the Field - is NOT FREE. You must put money in the meter, or you'll get ticketed.

May we suggest these places for food or snacks(addresses are in this program):

Bay Cafe – Grab-N-Go - House of Pizza - Lobster Pot - Ocean 193 – Stop & Shop, Lukes Lobster - Harbor Hotel - Essentials – Lewis Brothers Ice Cream – Penney Patch



281 Commercial Street
Provincetown, MA 02657
508-487-2766
penneypatchptown@gmail.com
www.penneypatch.com

SATURDAY NIGHT PARTY 9PM - LATE @ THE UNDERGROUND BAR

Big Party Tonight! Full bar - Live DJ - Dance floor - Pool Table - Air Hockey - Dart Board - Great. Bartenders: Shannon & Andi will take good care of you. Teams have a special "Shot Line Up" which you have to try. No cover at door. Arm wrestling contest - winner gets \$25, champ plaque, & 2024 arm wrestling belt. There will be other contests for prizes. All Welcome to join and compete

Location - 293 Commercial St
(508) 413 - 9648

SUNDAY

GAMES BEGIN – 10AM @ MOTTA (See Saturday at the field)

We finish 1st Round of games - go into Play-offs, then Champ Game. Please buy up the "Boxes" we draw the numbers as soon as boxes are filled. \$2 per box, we take Venmo-Paypal-Credit Cards.

Half Time Games throughout



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SUNDAY (CONTINUED)

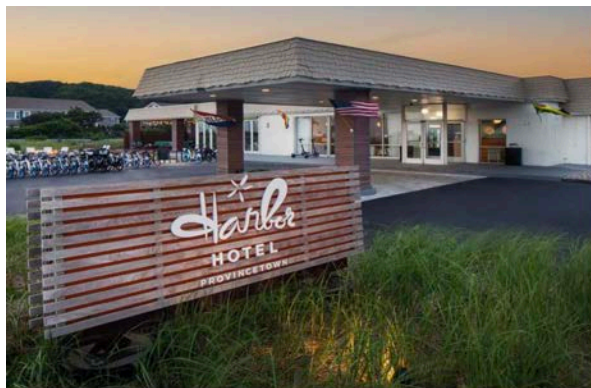
Awards Party & Tournament Celebration 5PM @ Harbor Hotel

Immediately Following the Championship game, along Route 6A, in Provincetown's East End we celebrate!

Our awards takes place at the waterfront Harbor hotel, located at the very end of Commercial at their Cabana Bar which is near their heated pool (you are welcome to swim if you like). There is pool table, ping pong, parking. Very affordable menu, food is cooked to order and they have a full bar.

The tournament is over! it's time to party, eat and drink. Medal Awards to be given out: MVP Offense & Defense for each team. A special select all star team nominated by coaches and captains. Plaques to top three teams, Championship team also receives embroidered IWFFA hats. \$25 for best black & blue. Arm Wrestling Contest.

Location @ Harbor Hotel
698 Commercial (508) 487 - 1711)



MONDAY

Monday Dune Bike Ride 12 - 3PM @ The Bike Shack

Pick up your bike @ The Bike Shack - 63 Shank Painter Road. Bicycles rentals are Free the entire weekend to all our teams sponsored by the Bike Shack. We start at the Shack then bike through Provincetown, to the Dunes then the beach. It's a great ride, we lunch along the way, will pick up sandwiches. Bring water and towel.

Location: The Bike Shack - 63 Shank Painter Road - (508) 487-0232

Monday Good Bye Dinner 5PM @ Bay Cafe

Formerly Bayside Betsy's, we dine at the Bay Cafe, on their amazing deck overlooking the Provincetown harbor and Cape Cod Bay. It's is a comfortable place for everyone. Share your tournament stories come join us!

Bay Cafe - 5pm
177 Commercial - (508) 487 - 6566



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2025 IWFFA TOURNAMENTS



IWFFA

International Women's
Flag Football Association

33rd Kelly McGillis Classic International Women & Girls Flag Football Championship Key West, Florida, USA

**Jan 23 - 27, 2025 (Games Only)
(Full Week of Events: Jan 21 - 27)**

2nd Pakistan, Quetta

February 8 - 24, 2025

Sri Lanka

March, 2025

3rd Honduras, Tegucigalpa

April 12 - 13, 2025

2nd Ada, Ohio

May 10 - 11, 2025

Gibraltar

June 14 - 15, 2025

2nd Canada

June 28 - 29, 2025

3rd Boston

July 5 - 6, 2025

8th El Salvador

July 12 - 13, 2025

IWFFA Flag Football Festival - SWEDEN

July 28 - Aug 3, 2025

4th Mexico

August, 2025

19th IWFFA Ptown Classic, Provincetown, Massachusetts

September 5 - 8, 2025

10th Guatemala

November 2 - 3, 2025



Michele Rizzuto is a passionate financial planner dedicated to empowering women through financial literacy and independence. With a successful career focused on helping clients navigate their financial journeys, she champions initiatives that foster community and collaboration among women.

As an advocate for organizations like the IWFFA, Michele believes in the power of mentorship and networking to uplift one another. She aims to create a ripple effect of support, encouraging women to take charge of their financial futures.

Let's embark on a journey towards financial success together.

#The future is female.



Michele Rizzuto
Financial Advisor | Senior Portfolio Advisor
NMLS ID:476590

Merrill Lynch Wealth Management
T 321.242.4022 M 321.339.9583
michele.rizzuto@ml.com

Luke's

*MacMillan Pier,
Provincetown*

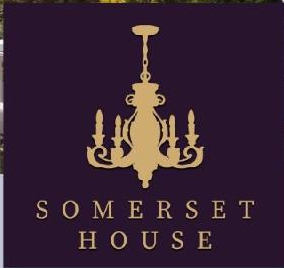


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